

# INTEGRATION

With Dr. Laina Shulman

**Is stress, fear or conflict running your mind and your life?**

**Would you love to reach new levels of inspiration,  
creativity, performance and wealth?**

Discover an abundance of resources to empower your personal development. Learn how to heal yourself, be more successful, improve loving relationships and gain insights on life's great questions.

This seminar integrates revolutionary discoveries such as The Demartini method\* (featured in *The Secret*), Heartmath, emotionally based visualization, the manifestation formula and quantum physics.

*"I attended Laina Shulman's workshop and it was truly amazing. I've been involved in the personal growth movement for over 16 years now and yet this day shifted my thinking more than any other process, and at a deeper level than I ever could have anticipated. I am truly changed, with an even more open and grateful heart. Thank you Laina."* M.A. MacPherson

**Sat, April 17 9am-4:30pm**

**Sun, April 18 9am-2:30pm**

Regular fee: \$497

Early bird fee before April 1 \$397

Refresher fee: \$297

Limited space available, reserve your spot today.

519 642 7800

info@pure-health.com

Call us and begin to feel a part of creating more of what you would love.  
(All work at the seminar is done independently, there is no mandatory "sharing".)

***"It is a new way of living and an investment that pays dividends for the rest of your life."***

Dr. John Demartini of "The Secret"

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